

## BEAVER VALLEY PROBUS CLUB

# SUPPORT GROUP REFERENCE GUIDE

## HCSS

Tel: (519) 372- 2091 or

HOME & COMMUNITY SUPPORT  
SERVICES GREY – BRUCE  
Unit G-12 Heritage Place Mall  
1350 16th Street East, Owen Sound N4K 6N7

1-800-267-3798

Email: [mailbox@hcssgreybruce.com](mailto:mailbox@hcssgreybruce.com)  
<https://hcssgreybruce.com/>

All clients must register through Central Intake prior to using any of our services. Once you are registered, you are free to contact HCSS at the numbers below, to arrange a service.

Please call 1-833-659-5491 to register.

## AREAS OF SUPPORT

Transportation Services 519-370-0558	Day Away 519-372-2091 ext.2 or Toll Free: 1-800-267-3798 ext. 2
Meals on wheels and frozen meals 519-372-2091 ext.3 or Toll Free: 1-800-267-3798 ext.3	Overnight Respite 519-372-2091 ext.2 or Toll Free: 1-800-267-3798 ext. 2
Housekeeping 519-372-2091 ext.4 or Toll Free: 1-800-267-3798 ext. 4	Friendly Visiting 519-372-2091 ext.82 or Toll Free: 1-800-267-3798 ext. 8

## TRANSPORTATION

This wheelchair accessible transportation service provides rides to help with everyday activities. This may include visits to the hospital, doctor, dentist, lab work, x-rays, or optometrist. Our service also provides rides for errands such as shopping, banking, or hair appointments. This service is currently available to residents of Grey and Bruce counties who have difficulty accessing existing transportation. Transportation services are available to those 18 years of age or older.

Approximate pricing: 0.50\$ per KM. \$10. Flat rate if ride is less than 20 KM. Invoiced monthly. No exchange of money with the driver.

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## Ontario 211 Services

Tel: 211

<https://211ontario.ca>

<https://informontario.on.ca/our-members/ontario-211-services>

Ontario 211 Services is a non-profit organization that works with many partners to improve access to services throughout Ontario.

"211" is a free, confidential, province-wide helpline that simplifies finding support and community services for Ontario residents and an online database of services in Ontario. The 211 helpline phones are answered by Information and Referral Specialists at 6 organizations in Ontario. These organizations are 211 Regional Service Partners - 5 non-profits and 1 municipality.

### AREAS OF SUPPORT

<a href="#">Abuse / Assault</a>	<a href="#">Community Programs</a>
<a href="#">Disabilities</a>	<a href="#">Emergency / Crisis</a>
<a href="#">Employment / Training</a>	<a href="#">Family services</a>
<a href="#">Food</a>	<a href="#">Francophones</a>
<a href="#">Government / Legal</a>	<a href="#">Health Care</a>
<a href="#">Homelessness</a>	<a href="#">Housing</a>
<a href="#">Income Support</a>	<a href="#">Indigenous Peoples</a>
<a href="#">LGBTQ+</a>	<a href="#">Mental Health / Addictions</a>
<a href="#">Newcomers</a>	<a href="#">Older Adults</a>
<a href="#">Youth</a>	

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## **GREY BRUCE HOSPICE**

Tel: **(519) 370-7239**

1725 10th Street East  
Owen Sound, Ontario  
N4K 0G5

<https://www.greybrucehospice.com/>

### **Hospice Information Booklets**

<https://eguides.partnerplusmedia.com/Grey-Bruce/>

Residential Hospice of Grey Bruce provides comprehensive compassionate care to all in our community during their journey with a life limiting illness.

Delivering exceptional palliative care at Chapman House, an eight-bed hospice that was purpose-built for the care we provide, our highly skilled team of care professionals provide compassionate, person-centered palliative care and grief and bereavement supports to all residents of Grey and Bruce Counties, and their families, at no cost.

Should you require emotional support please call 519-370-7239 and indicate you are seeking Bereavement support services. Someone from our team will return your call as soon as possible.

To learn more and to register, please contact:

**Jan Temple-Jones**, [jtemplejones@greybrucehospice.com](mailto:jtemplejones@greybrucehospice.com) or by calling 519-370-7239 ext. 7

## **AREA OF SUPPORT**

Bereavement group sessions are run 6 consecutive Tuesday. No affiliation with Chapman House is required. At this time, meetings are conducted via ZOOM.

## **INFO**

**Community serviced: Grey County**

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## **HOSPICE GEORGIAN TRIANGLE**

Tel: [705-444-2555](tel:705-444-2555)

186 Hurontario Street  
Collingwood, Ontario

<https://hospicegeorgiantriangle.com/what-is-grief-counselling/>

Hospice Georgian Triangle offers one-on-one support to individuals who want to express their grief and receive suggestions on coping with the huge feeling of loss. These meetings can be at home, in a coffee shop or at Hospice. Length of sessions depends on individual assessments.

### **AREAS OF SUPPORT**

One on one counselling - Visiting volunteer or group sessions are available at no charge.

General grief support or specific (spousal loss, parental loss, child loss, adult child loss): 6-week program offered 4 times a year.

Seasonal support group - Available at different times of year

Caring for the caregiver – every other Tuesday, 11:00 – 12:30pm (Zoom)

Substance related grief group - Adult child loss – every other Thursday, 10:00 – 11:30am (Zoom)

Men's grief support group – every other Monday, 1:00-2:30pm (Zoom)

Spousal Loss support group – running for 8 weeks, (Zoom)

Life-limiting illness support group - (Zoom)

### **INFO**

Servicing: Wasaga Beach, Collingwood, Blue Mountains (not Meaford)

Request to speak with Community Support Team (Jennifer or Taylor)